

Region 2 AMHI Meeting Minutes

3/3/2025

In Attendance: Kellsey Firehammer, Jamie Halverson, Emily Utech, Brad Vold, Brian Ophus, Anne Lindseth, Monica Yeadon, Richard Huth, Teri Savoie, Danielle Turner, Shawn Anderson, Joseph Cook, Robin Wold, Dave Erickson, Jeff Lind, April Miller

Introductions and Updates

Coordinator Update: Kellsey shared that she has been looking at the state's AMHI website for updates. She shared that she gathered some training tools for MHIS (Mental Health Information System) as well as SUD (Substance Use Disorder) trainings. She also shared that there was a local advisory council townhall meeting last month and she will continue to attend those and bring information back to this group.

Beltrami: Anne shared that she continues to track legislative activity on the state and federal level. She shared that there are potentially significant cuts to Medicaid and encouraged everyone to continue to advocate for Medicaid. Jeff shared they have 4 openings for Social Work Positions.

Clearwater: Jamie shared the United Way volunteer website is live for Clearwater County. Kellsey will be attending the Clearwater LAC tomorrow. Clearwater currently has 2 open Social Work positions.

Hubbard: Brian shared he attended the AMC legislative conference last week. They have hired an adult mental health Social Worker. Emily shared transportation is looking to expand to Nevis, Akeley and Laporte. She also shared she attended Mental Health Day on the Hill and is looking forward to doing so again next year.

Blue Cross: Brad shared he has no updates at this time.

Headwaters Alliance for Suicide Prevention: April is back from leave and working to catch up.

Hope House: Robin shared they will have a fundraiser March 22nd at Cantabria Coffee. There will be 2 painting sessions – one for beginners and one for intermediate. They will be having an open house on May 21st.

Lake Country Associates: Shawn shared he has no updates at this time.

Medica: Teri shared she has no updates at this time.

PrimeWest Health: Danielle shared she has no updates.

Shackman Krammer and Associates: Joseph shared they have added a 4th med provider and are looking to hire a 3rd therapist.

Stellher: Dave shared they have a med provider and are working on figuring out some insurance billing.

United Way: Kellsey shared that RFP's have been released for Hubbard and Clearwater Counties. Kellsey will send this information out to the group with minutes.

Wellness in the Woods: Monica will share during the provider spotlight. Richard had no updates.

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Team Building or Mental Health Story Sharing

Dave led the team building activity and asked everyone to share a rewarding experience in their career and something they are looking forward to with warmer weather on the horizon.

Community Needs Forum

Anne will send Kellsey some Medicaid documents that she has received that can be shared with community members, legislators and other interested parties.

Subcommittee/Workgroup Development

Kellsey shared the website subcommittee has narrowed down the options for a logo. Kellsey shared the 3 they are down to and asked for feedback. She also shared that they are working on developing the tabs on the website. Get Support will provide resources. Get Informed will provide information about mental health diagnosis, acronyms, treatments, etc. and Get Involved will have events and meeting times and locations.

Mental Health Day on the Hill Recap

11 members, 4 staff, 1 coordinator and a service dog were able to attend. Kellsey shared photos from the day and talked about the legislators they met with and the topics they discussed. Emily shared she had a lot of fun connecting with everyone that attended. The legislators they met with were very engaged and spent a half hour each with them when they had only scheduled 15 minutes.

Finance Update

Kellsey share a finance update. 5% has been spent so far this year, amounting to approximately \$62,443.00.

Provider Spotlight

Monica shared a slide show sharing information about Wellness in the Woods. They provide Peer Support Services across the state. All programs and services are funded through grants. They do not bill insurance or individuals. They also do not collect much for personal information. They provide substance use disorder services as well.

Virtual Peer Support Network – Zoom room open from 9am-5pm daily with 2 peer support staff available.

Peer Support Connection Warm Line – 1-800 number that people can call and speak with a peer support specialist for up to 20 minutes. It is open 5pm-9am. This line is not intended for crisis.

Recovery in the Woods – Same Zoom link as the virtual peer support network. Mondays at 6pm World of Reentry which is a support group for justice involved individuals, Wednesday at 6pm there is 5 Stages which is open to anyone in one of the stages of recovery, and Fridays at 6pm is Friday Night Freedom which is open to everyone in the recovery journey.

Wellness Recovery Action Planning (WRAP)– Service provided as fee for service.

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Monica shared their yearly report. They had a total of 54,494 total interactions across all programs, which includes their outreach efforts.

Next Meeting

The next meeting will be held April 7, 2025 at 1 pm 3rd floor of the community service center at Beltrami County. Agency spotlight for April will be Stellher Human Services and the ice breaker will be led by Emily.

Submitted by Jamie Halverson