

Minutes from Hubbard County LAC Meeting June 11, 2025

In Attendance: Lorie, Kevin, Tom, Emily, Thomas, Joan, Kellsey, Dixie, Olivia, Gayle

Called to order at: 1:04pm

Introductions

Minutes: Minutes Approved, Lorie Motion, Tom Second

Public Education and Training

- Donna Anderson with University of Minnesota Extension spoke with the group last month
- She is the Health and Wellness Coordinator serving mostly in Park Rapids
 - o First class: June 18th at 1:00pm at the Cottage.
- \$3 coupon is also for Veterans, those over 60
- Current meetings regarding the Wellness Center at U of M Extension

Dancing Sky Council on Aging: Mental Health Wellness for Aging Adults- online webinar. Stay Active and Independent for Life (SAIL) courses.

Drop-In Center Report

Trying to plan a trip to the North Shore. Trying to see who all would be interested. May be more interest if it is an overnight. Doing a lot of gardening. Go some plants donated. Going on walks with groups. Friday barbeques have started. Talking about doing a small group to learn how to use the charcoal grills- have Kevin teach everyone so they can do it at home or at a park. Maybe do a grilling unit with Extension cooking classes. Looking into character challenge course- Olivia knows the owners. Donation only Garage sale coming up July 17 & 18.

Region 2 AMHI

Stellher is seeing an increased need for housing for youth/young adults who need to leave home to help their mental health

Chamber of Commerce is contracting with Heartland Express to offer after hours bus for second street stage to help with parking and reduce barriers for being able to attend.

Hubbard county is looking to develop a more established/accessible bus garage/station

Successful events for Mental health awareness month. 250 people at wellness night, 50 at Bingo. Thank you to Gayle for helping us at Wellness Night!

Hubbard County Board Report

Approved 2026 Heartland Express operating grant. Had a discussion on how to get more ridership- look to Todd county for an example. Increased ridership would help get more routes established. Looking to increase marketing to get more people to know about it as an option. Other ideas include reducing barriers to people booking a ride. Updating the website. Make sure dispatch and drivers are being respectful to riders. Work on increasing efficiency to avoid multiple buses at one stop. Approved 5 year capital improvement plant. Possible areas at the local parks to add pickleball courts.

HC MH Report

Adult Mental Health Case Management is taking referrals

Unmet Needs

Ongoing: Housing, Nutrition, Transportation

Guidelines and Subcommittee

Final review of bylaws

Motion: Lori Second: Kevin

New bylaws signed by all Board Members. Kayla will sign next month and Kellsey will print and send the updated bylaws to everyone

Adjourned at 1:50pm

Next Meeting

July 9th, 2025 at 1:00pm