

Region 2 AMHI Meeting Minutes

1/6/2025

In Attendance: Kellsey Firehammer, Anne Lindseth, Jeff Lind, Jamie Halverson, Amy Ballard, Ashlea McMartin, Robin Wold, Monica Yeadon, Richard Huth, Brad Vold, Brina Ellison, Halen Groenke, Mackenzie Snortum, Brian Ophus, Teri Savoie, Shawn Anderson, and Joseph with Schackman Kramer and Associates

Introductions and Updates

Coordinator Update: Kellsey shared that she had no new updates at this time.

Beltrami: Anne reported they are continuing to seeing an increase in individuals in need of guardianship. Jeff reported they are fully staffed. They are trying to work with a local group home to help them remain in business. They are also working with the ODC to create some job support services.

Clearwater: Jamie reported she is going to the Bagley School Board meeting to advocate for the MN Student Survey to be conducted. This survey would provide a wealth of data in regards to the needs of the community. She also shared that they are still short staffed in adult services at her agency.

Hubbard: Brian shared they are looking to fill an Adult Mental Health worker.

Lake of the Woods: Amy reported no new updates for Lake of the Woods at this time. They are busy in all areas.

Blue Cross – Brad reported they are evaluating their incentives and are making some changes in 2025.

Enlightenment Psychiatry – Mackenzie reported she is working on a virtual wellness program.

Hope House – Robin shared their building remodel continues. They are doing interviews for a practitioner position.

Stellher: Brina reported no updates as the Regional Suicide Prevention Coordinator. For Stellher she reported they have added a psychiatric practitioner through grant funds. She will be traveling to Lake of the Woods, Park Rapids and Detroit Lakes. They are open to adding her to Clearwater County as well, however they need some office space.

Sanford: Ashlea reported no new updates for Sanford.

Lake Country and Associates: Shawn reported they are looking to expand their hours at the drop-in center in Park Rapids.

Medica – Teri introduced herself to the group.

Wellness in the Woods: Monica shared she has been working through data. They are actively working to hire in Region 2, to increase their reach and services.

Schackman Kramer and Associates: Joseph reported they continue to work to expand their service reach and increase their providers.

United Way: Halen Reported they are wrapping up their yearly campaign.

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Team Building or Mental Health Story Sharing

Robin led the group with an activity and ask individuals to share their New Year's resolution made or broke and why people should or should not make resolutions.

Community Needs Forum

Discussion was had about incentives being offered by the health plans. Medica, Blue Plus and PrimeWest incentives will be gathered and shared with the group so providers are able to also share that information and advocate to their clients that they access them. Discussion was also had regarding the importance of follow up care after someone has discharged from a psychiatric hospital stay. There was discussion about the importance of culturally available after care such as healing ceremonies.

Subcommittee/Workgroup Development

Kellsey talked about the need or interest in developing workgroups. She is looking for individuals to sit on a website design workgroup. She is also looking for ideas or suggestions for other work groups needed, such as transportation and discharge planning, outreach/marketing.

Finance Update

Kellsey shared the new format of how she will be sharing our monthly finance report. She is still waiting to get all of the data for 2024 and is working on making some adjustments to the 2025 allocation. Discussion was had about what people would like to see in regards to that information.

Provider Spotlight

The County Directors shared information regarding the region 2 AMHI. They shared how the funding works and the breakout of how the funds are divided amongst the counties.

Next Meeting

Halen will do the team building/ice breaker activity for February's meeting. Robin will share information on Hope House for the February's provider spotlight. The next meeting will be held February 3, 2025 at 1 pm 3rd floor of the community service center at Beltrami County.

Submitted by Jamie Halverson