

Beltrami County Local Advisory Council

Meeting Minutes for August 8, 2025.

Meeting called to order at 12:30 pm.

Present: Kellsey, Jessica, Kirsten, Jim, Dylan, George, Roy, Amara, Robin, Dan

Reviewed Minutes from July 11, 2025.

Discussion for this meeting included the following:

Jessica Hublit and Kirsten Craft discussed Adult Mental Health Rehabilitative Services (ARMHS) and Sanford Behavioral Crisis Services. Sanford Behavioral Health is providing an array of support services including Adult Rehabilitative Mental Health Services (ARMHS), Targeted Case Management (TCM) Care Coordination (Intake), Integrated therapist, housing services, psychiatric and therapy. Jessica and Kirsten discussed the growth in Sanford Behavioral Health services since the merger with Upper Mississippi Mental Health Services in 2018. Including Park Rapids locations, Sanford currently employs approximately 140-160 employees.

Sanford Behavioral Health operates the Ember Program working in the Beltrami County Jail focusing on community reintegration and reducing recidivism.

Kirsten reviewed the Sanford Intensive Residential Treatment Services (IRTS). This is a 90-day residential program focusing on life skills, coping skills, housing, employment, and community integration. Also, medication management, family involvement and therapy are services provided.

Sanford also provides 10-day crisis residential services, mobile crisis and operates an Empath facility. The Empath unit is designed for less than 24-hour care operating from 9:00 am- 9:00 pm Monday through Friday and 10:00 am-5:00 pm Saturday and Sunday. The Empath unit supports both children and adults. The Empath unit incorporates a cultural room.

Gaps in services include transportation and housing at all levels.

Possible presenters for next month: Sanford Behavioral Health, Housing services, transportation

Meeting adjourned at 1:30 pm.

Minutes completed by Dan Brouse