

# Region 2 AMHI Partner Meeting

1<sup>st</sup> Monday of the Month 1:00-3:00 PM | [Virtual Meeting Link](#)

616 America Ave NW Bemidji | Conference Room 1 on the 3<sup>rd</sup> floor of the Community Services Building

## Region 2 AMHI Members

### **AMHI Program Coordinator**

Kellsey Firehammer

### **State Partners**

MN Department of Human Services

### **Beltrami**

County Staff: Anne Lindseth,

Jeff Lind

Community Rep: vacant

### **Clearwater**

County Staff: Jamie Halverson

Community Rep: vacant

### **Hubbard**

County Staff: Brian Ophus, Mike

Edminster

Community Rep: Emily Utech

### **Lake of the Woods**

County Staff: Amy Ballard

Community Rep: vacant

### **Providers & Partners**

Blue Cross and Blue Shield

Enlightenment Psychiatry

Headwaters Alliance for Suicide

Prevention (HASP)

Hope House

Lake Country Associates

Medica

PrimeWest

Red Lake Mental Health

Regional Suicide Prevention

Sanford Behavioral Health

Schackman Kramer & Assoc.

Stellher Human Services

United Way Bemidji

Wellness in the Woods

## Region 2 Partner Meeting Guidelines

- We work collaboratively in a way that promotes mutual respect and values the voices and experiences of others
- We each do our part to make this a meeting everyone looks forward to attending by creating an upbeat, non-judgmental, and comfortable environment
- We engage in active collaboration to make decisions and move projects forward in a way that benefits the community

## AGENDA: April 7<sup>th</sup>, 2025

### **1:00-1:15 Introductions and Updates**

This is the opportunity for everyone to share any reports or new information from their area of expertise. If you have a lengthier update, contact Kellsey ahead of time to be added to the agenda. Please share in the order listed in the Members column to ensure everyone gets the chance to speak.

### **1:15-1:30 Team Building or Mental Health Story Sharing**

*Icebreaker Activity facilitated by Emily Utech*

We will take time to share an experience either from someone's own mental health journey, or join together in a shared activity. This will be a rotating facilitation role. **Next month's sharer will be:**

### **1:30-1:45 Community Needs Forum**

Community unmet needs reports. Discussion/problem solving for these areas. May require development of work groups for ongoing action.

### **1:45-2:15 Subcommittee Development and Updates**

- Website Work Group

### **2:15-2:30 Finance Report and Voting Items**

Snapshot of AMHI spending for the past month and YTD. Group discussion on any proposed changes for over or under spending.

### **2:30-3:00 Provider Spotlight**

*April: Stellher Human Services*

We decided that we will set aside this time each month to learn about the providers in our group and the services they offer

~The Region 2 Adult Mental Health Initiative provides funding and collaborative opportunities that support service providers in developing and offering flexible, rural-focused solutions that are responsive to the needs of people living with mental health challenges~