

Beltrami County Local Advisory Council

Meeting Minutes for April 11, 2025.

Meeting called to order at 12:30 pm.

Present: John, Kelsey, Jim, George, Amara. Dan

Reviewed Minutes from March 14, 2025.

Discussion for this meeting included the following:

May is mental health awareness month.

Hope House open house scheduled from 11:00 am- 1:00 pm May 21, 2025. Matt Bliss (R) District 02B of the Minnesota House of Representatives is expected to attend.

Dan provided an update on status of hiring a mental health case manager with Beltrami County Health and Human Services.

A summary of Brad Vold's visit with the LAC group March 14, 2025, was provided. Brad Vold represents Blue Cross Blue Shield of Minnesota.

Jim reviewed NAMI including state and federal level of activity. Discussion included the goal of reducing stigma associated with mental illness and a reluctance from many individuals to pursue assistance to address mental illness.

It is estimated 20% of the US population experiences some form of mental illness.

1:3 Minnesota Medical Assistance recipients utilize mental health services.

8,000 letters from Minnesota have been submitted opposing federal Medicaid cuts.

The NAMI walk is scheduled for September 2025 in the Twin Cities.

Membership to NAMI is not required to access resources promoted by the organization.

Suicide Prevention walk and fund raiser is scheduled in Bemidji during the month of September after a five-year pause.

Possible presenters for next month: Amy Bowles, Director of Beltrami County Public Health

Meeting adjourned at 1:30 pm.

Minutes completed by Dan Brouse