

## Region 2 AMHI Meeting Minutes

10/6/2025

### In Attendance:

X	Kellsey Firehammer		Jeff Lind		Anne Lindseth
X	Jamie Halverson		Brian Ophus	X	Emily Utech
	Michael Edminster	X	Amy Ballard	X	Brad Vold
	Mackenzie Snortum		April Miller	X	Robin Wold
X	Shawn Anderson	X	Danielle Turner		Renea Weigel
	Jenny Hollis		Brina Ellison		Ashlea McMartin
X	Catie LeMay		Tony Kramer	X	Joseph Cook
	Lori Schlinkert	X	Dave Erickson	X	Halen Groenke
X	Monica Yeadon	X	Richard Huth		Teri Savoie
	Michelle Hensel				

Guests: Tony Klaers-Headwaters Regional Development Commission.

### Introductions and Updates

**Coordinator Update:** Kellsey shared that she attended the Wellness in the Woods conference. She has also been gathering responses to the community needs assessment.

**State Update:** No updates

**Beltrami:** No updates

**Clearwater:** No updates

**Hubbard:** Kellsey shared that Brian has resigned from his position at Hubbard county and Mike Edminster will be acting as interim Director. Emily shared they have added a few new members to their Local Advisory Council and have appointed a secretary. They will be having Wellness in the Woods as a special guest at their next LAC meeting.

**Lake of the Woods:** Amy had no updates.

**Blue Cross and Blue Shield:** Brad had no updates.

**Enlightenment Psychiatry:** No updates

**Headwaters Alliance for Suicide Prevention (HASP):** Kellsey shared April has left her position and they are working to fill her position. Catie shared that she attended the Walk for Hope and there were 20-30 people in attendance and believes it went well. Halen shared there was over \$500 raised through United Way's platform.

**Hope House:** Robin shared their LAC meets the second Friday of every month 12:15-1:15. All are welcome to attend.

**Lake Country Associates:** Shawn shared they are taking referrals at all of their sites. He also shared they were able to find someone to fix their fence that was damaged during the storm.

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**Medica:** Teri asked Kellsey to share that they still have availability for their reserved psychiatry behavioral health appointments.

**PrimeWest:** Danielle had no updates.

**Red Lake Mental Health:** No updates

**Regional Suicide Prevention:** No updates

**Sanford Behavioral Health:** Catie brought a guest, Monte, who is an intern. They have an outreach position open at the day center. Jessica Ewald is moving to the community health worker department, and they are working to fill that position with an internal transfer.

**Schackman Kramer & Assoc:** Joseph shared they are bringing on a new clinical social worker in November/December. Heidie Bruder is no longer with them.

**Stellher Human Services:** Dave shared they have a new psychiatric practitioner Mondays and Tuesdays.

**United Way Bemidji:** Halen shared there will be several coats for the community distribution events coming up. She will get the flyers to Kellsey to share with the group. Bemidji distribution will be held this weekend. Blackduck, Bagley and Park Rapids will also have distribution events. Campaign for the community is under way, and their restaurant week is this week. The movie Shrek will be playing over MEA weekend as a fundraiser. Megan Hill was hired as disaster case manager at United Way.

**Wellness in the Woods:** Monica shared they had their conference which went well. Approximately 150 people attended. They will be hosting another conference next year. Richard shared he is meeting Wednesday with Hubbard County LAC for an online presentation. He has been doing outreach in Red Lake. They are looking to set up some peer pop-ups.

### **Team Building or Mental Health Story Sharing**

Shawn led a team building activity where everyone shared items they collect.

### **Community Needs Forum**

Catie shared Housing Stabilization Services will be ending October 31<sup>st</sup> which may increase homelessness and mental health concerns. Emily asked Danielle to share the changes that are coming with covered Over the Counter products. Danielle will email information to Kellsey to share with the group. Kellsey encouraged everyone to complete the community needs questionnaire on the Region 2 AMHi website. Discussion was had about the need for additional peer support training/education and certification.

### **Subcommittee/Workgroup Development**

No subcommittees are currently meeting.

### **Finance Update**

Kellsey shared about 48% of the AMHI funds have been spent through the month of September.

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### **Provider Spotlight**

**Tony Klaers** – Community Development Planner with Headwaters Regional Development Commission (HRDC). Tony explained years ago HRDC had a regional transportation coordinating council (RTCC) which was let go but they have recently brought it back. MNDOT funds RTCC's. The HRDC RTCC meets the 5<sup>th</sup> Thursday of the month. They cover Beltrami, Clearwater, Hubbard, Mahnomen and Lake of the Woods. They do a lot of grant writing to build services. Travel training opportunities are available to teach the community about how to use public transit. Tony shared information about their Conifer Transit program for Conifer Estate residents and their hopes and plans to expand it to cover other housing units and counties.

### **Next Meeting**

The next meeting will be held on November 3, 2025, at 1 pm on the 2<sup>nd</sup> floor of the community service center at Beltrami County. Jamie will do the Ice Breaker for November. Halen will do the provider spotlight for November.

Submitted by Jamie Halverson