

Region 2 AMHI Meeting Minutes

7/7/2025

In Attendance: Jeff Lind, Kellsey Firehammer, Emily Utech, Shawn Anderson, Brad Vold, Jamie Halverson, Catie LeMay, Anne Lindseth, Richard Huth, Monica Yeadon, Robin Wold, Amy Ballard, Ashlea McMartin, Danielle Turner, Brian Ophus, Michelle with Enlightenment

Introductions and Updates

Coordinator Update: Kellsey shared that the website is live, and she encouraged everyone to check it out and share it with others. Kellsey shared that she is also working on getting promotional materials ordered. Kellsey will be attending some of the local fairs. Kellsey also shared that DHS issued an RFP to develop Mobile Crisis equitable formula. DHS also announced a Trauma-Focused Cognitive Behavioral Therapy training for mental health professionals which will be held in Detroit Lakes.

State Update: No updates from the state.

Beltrami: Anne and Jeff shared that they are fully staffed and have no other updates.

Clearwater: Jamie shared that she is fully staffed in their Social Service unit. She is working on reviewing state and federal legislative changes.

Hubbard: Emily shared that they had a nutrition lesson provided by U of M extension. They have an LAC meeting this week and are looking to vote in a chair and secretary. Brian shared he is also reviewing legislative changes.

Lake of the Woods: Amy had no updates

Blue Cross: Brad had no updates

Hope House: Robin shared they were hit by the recent storms, so they are working through that. They have started their robot pilot project. They are noticing that people with tremors and involuntary movements are not having those when they are with the robot.

Lake Country: Shawn shared they also received damages in the recent storm.

Headwaters Alliance for Suicide Prevention: No updates

PrimeWest Health: Danielle shared a reminder that they have a robust Care Coordination Team and LADC. Encourage members and providers to contact them if they have questions or need anything.

Red Lake Mental Health: No updates

Sanford: Ashlea shared that she is working alongside Stellher to see if there is a need for mental health support in response to the recent storms. They are looking into the federal budget impacts. Catie shared that their housing program reporting is due, so they are working to gather data.

Shackman Kramer and Associates: Joseph shared that they will be hosting a provider meeting April 8th from 12-2 with lunch provided to allow a networking opportunity.

Team Building or Mental Health Story Sharing:

Danielle led the team building activity where everyone shared what they do for their birthdays.

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Community Needs Forum

People were interested in the legislative changes, so Anne shared some of the changes related to the SNAP and MA programs. Also discussed were upcoming changes to the behavioral health fund and Non-emergency medical transportation. Kellsey will send out a link to more information.

Subcommittee/Workgroup Development

Kellsey shared she has reached out to HRDC to see if they can attend a future meeting to share their work on transportation.

Finance Update

Kellsey shared the finance report. 30% of the allotment has been spent. Robin asked if Community Education funds could be used for consumers to attend the Wellness in the Woods Conference and it was agreed that it could be.

Provider Spotlight

Catie LeMay shared information about the Sanford Housing Program. The housing program is housed within their Behavioral Health Program. They have a training session monthly. They have 3 grants they access. One grant they have is for individuals who are homeless. They can help with ID's and birth certificates. They can also help with items such as personal care products, tents, sleeping bags, food, etc. They also provide case management services. Their main grant is used to help individuals with mental illness access supportive housing services. They can also provide items to help individuals access community activities. They also provide case management. The 3rd grant is for individuals seeking new housing. They can assist with the first month's rent and deposit. Referrals need to be made through a provider. The Sanford Housing Program serves Cass, Clearwater, Hubbard, and Beltrami counties.

Next Meeting

The next meeting will be held on August 4, 2025, at 1 pm on the 2nd floor of the community service center at Beltrami County. Kellsey will check with HRDC to see if they could fill the provider spotlight for August. The team building activity will be hosted by Catie LeMay.

Submitted by Jamie Halverson