

Region 2 AMHI Meeting Minutes

5/5/2025

In Attendance: Kellsey Firehammer, Jamie Halverson, Anne Lindseth, Catie LeMay, Dave Erickson, Brad Vold, Halen Groenke, Shawn Anderson, April Miller, Lori Schlinkert, Jeff Lind, Brina Ellison, Danielle Turner, Ashlea McMartin, Teri Savoie, Mackenzi Snortum, Monica Yeadon, Emily Utech, Brian Ophus

Introductions and Updates

Coordinator Update: Kellsey shared there is a community Bingo night coming up at the library in Park Rapids, there will also be an upcoming event at Heartland Park in Park Rapids which will be a community wellness event to share community resources,

Beltrami: Jeff reported they are hiring a mental health case manager. Anne reported she continues to watch the legislative session.

Clearwater: Jamie shared no updates for Clearwater.

Hubbard: Emily shared they are working on updating their bi-laws and mission statement for the Hubbard LAC. Brian shared no updates.

Lake of the Woods: No updates from LOW.

Blue Cross: Brad had no updates

Enlightenment Psychiatry: Mackenzie reported they are working on a virtual wellness program via podcasting.

Headwaters Alliance for Suicide Prevention: April shared they are looking to bring back the run, walk, skate for suicide prevention.

Regional Suicide Prevention: Brina shared for their May 22nd training the last day to register is 5/9/2025.

Hope House: Robin wasn't able to attend but did share a flyer for their upcoming open house.

Lake Country Associates: Shawn had no updates.

Medica: Teri shared they still have reserved psychiatry appointments available.

PrimeWest Health: Danielle shared no updates.

Sanford: Catie shared information regarding their housing program services. Ashlea shared they are getting into health fair/event season. They also have some upcoming trainings. Watch the behavioral health newsletter for opportunities for events and trainings.

Shackman Krammer and Associates: No updates

Stellher: Dave and Lori will share under the Agency Spotlight section.

United Way: Halen shared no updates for United Way.

Wellness in the Woods: Monica shared they have a number of events this month for Mental Health Awareness month. They also have some upcoming trainings for harm reduction. They are working on planning their September conference.

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Team Building or Mental Health Story Sharing

Brad led the team building activity and asked the group to share their favorite place to eat that has an outside sitting area. The following are the recommendations shared: Zorbas on Little Sand Lake in Park Rapids, Mill Creek Inn – Buffalo, Blueberry Pines – Menahga, Ruttger's – Bemidji, Green Mill – Bemidji, Companero's – Dorset, Zorbas – Detroit Lakes, Lake Side – Detroit Lakes, Tavern on the Hill – Duluth, Little Angie's Cantina – Duluth, Tutto Bene – Bemidji, Side Track Tap – Leonard, Norther Tap House – Lakeville, Sha – International Falls, Wilton Liquor Store – Wilton, Blue Oyster – Bemidji, Lucky Dogs – Bemidji, Pike and Pint Alexandria, Charlie's – Prior Lake,

Community Needs Forum

Kellsey shared some DHS updates. She completed a DHS Needs and Strengths survey and encouraged everyone to complete it. The Behavioral Health Planning council is seeking new members. She also shared that DHS also released guidance for uncompensated care in CCBHC's. Kellsey will send links out with meeting minutes. April shared that they are starting coffee talks. Info is on Headwaters Alliance for Suicide Prevention facebook page. May 15th wear green for Mental Health Awareness month. Hubbard county is working with the adult learning center to share info about mental health and doing activities with them.

Subcommittee/Workgroup Development

Website workgroup is in the final stages of the website. Kellsey shared a preview of the website.

Finance Update

Kellsey shared 18% of the funding has been spent as of 4/30/2025.

Provider Spotlight

Dave and Lori presented information about Stellher Human Services. They have been in business for 31 years. They offer school-based services, head start services, outpatient mental health services, psychiatric services, substance use disorder services, and crisis services. They have a board and lodge facility in Becker County where people can stay for crisis stabilization. They are no longer providing pre-employment transition services. ARMHS services are now being provided in Becker County and they hope to expand to region 2 counities.

Next Meeting

The next meeting will be held June 2, 2025 at 1 pm 2rd floor of the community service center at Beltrami County. Agency spotlight for June will be Catie LeMay with the Sanford Housing Program and the ice breaker will be led by Lori.

Submitted by Jamie Halverson